

Who can I talk to if something is wrong?



kidshelpline
Anytime Any Reason

24/7 phone and online counselling service for young people aged 5 to 25.

Phone: 1800 55 1800
Website & Online Chat:
www.kidshelpline.com.au



If there is an emergency or someone is in danger right now call '000' straight away.

If no one is in danger right now call '131 444' to report.



A team set up by the Australian Government to help anyone who might be dealing with cyberbullying, image-based abuse or harmful content.

Visit eSafety Report page to seek help and raise concerns:
www.esafety.gov.au/report



A team you can contact if an adult at your local church is hurting you or upsetting you.

Phone: 1300 304 550
Email: AOB@stopline.com.au
Report Online:
www.bnecatholic.stoplinereport.com