



Irene Alexander (Uniting Church): background is in Psychology, mission and tertiary education. I am a Spiritual Direction formator with the Stillpoint program in Brisbane. I grew up in New Zealand in the Methodist Church and am presently part of the Uniting Church. I am a mother and grandmother. I also teach spiritual formation and spiritual companionship in the Philippines.

Location: Wishart

Contact: 0411 093 199



Angela Botti FDCC (Catholic): is a Canossian Daughter of Charity and has spent most of her life in adult faith formation. She trained in the Jesuit Institute, Boston, USA. Angela is a Giver of the Spiritual Exercises, a Spiritual Director and a Supervisor in Spiritual Direction.

Location: Oxley

Contact: 0419 752 378



Jo-Anne Brown: (Salvation Army) Jo-anne is a spiritual director and supervisor, who (along with her husband Ross) loves leading retreats and enabling others to discover more of their unique selves and to deepen their relationship with God. She is a graduate of the St Francis Spiritual Direction Formation Programme, has completed a SD Supervision Programme and is currently the Queensland Regional Coordinator of the Australian Network of Spiritual Direction (ANSD). She loves working with dreams and using creative expression to open up pathways to faith and contemplative being and currently facilitates two dream groups in her home. Jo is also a supervisor and teacher with the St Francis Formation SD Programme in Brisbane.

Location: Rochedale

Contact: 0466 770 961



Dawn Courtman (Anglican): direction formation was under CRD in New Zealand. I have a background in High School teaching, ecumenical ministry and Pastoring and for some years I was a formator with the Stillpoint Formation of Spiritual Directors course. As well as providing spiritual direction from my home at Carseldine, I offer retreats (both guided and silent) and reflection days.

Location: Carseldine

Contact: 0447 933 273



Carolyn Doherty: I have a passion for assisting others to recognise the beauty of who they are in Divine Love. I have a Graduate Diploma in Theology (2007) and graduated from Ministry Education Commission Spiritual Direction Formation Program in 2014. I have completed courses in the Enneagram and Dream exploration.

Location: Brisbane

Contact: 0416 268 316 (also available on FaceTime)



Catherine Hefferan rsm (Catholic): is a Sister of Mercy and has a background in Nursing, Midwifery, Psychiatry and Counselling. She has a BTheol, Master of Ministry, MA (Theology/Spiritual Direction) and a Graduate Certificate in Supervision/Spiritual Direction. She trained at 'Siloam', Heart of Life Spirituality Centre and is a spiritual director, supervisor and director of retreats. When giving the Spiritual Exercises she draws on the wisdom of the Mystics.

Location: Bardon

Contact: 0429 479 459



Fr Frank Jones (Catholic): I've been a diocesan priest for over 34 years. Half of those years as a missionary priest in Latin America.

I have worked as a Parish Priest for those years as well as prison and hospital chaplain and now I am Vice Rector of the Holy Seminary at Banyo. I also trained as Registered Nurse in order to offer practical help in missionary life. I have post graduate studies in missiology and completed Formation studies in the UK and studies in Spiritual Accompaniment and the Interior life from the University of Mysticism in Avila Spain. I have a deep interest in retreat giving and enjoy the contemplative mode of prayer.

Location: Birkdale

Contact: 0432 295 529



Br Tony Hempenstall (Catholic): is a Christian Brother, Teacher, Spiritual Director and Retreat Director. He spent 15 years teaching in both primary and secondary schools in North Queensland and Brisbane. In the 1980s and 90s Tony trained in the United States in areas of spiritual companionship and spirituality and has spent many years working as a spiritual director, counsellor and facilitating retreats and workshops on the spiritual journey with particular reference to the middle years and transitions as they impact on the story of one's life. He has since studied and on the New Cosmology as presented by Thomas Berry and Brian Swimme and many others working in that field. For some 15 years he lived and directed The Archer Eco-spirituality Centre outside Woodford in Queensland. He has a passion for New Cosmology as a valid way to be Human, Christian and catholic in today's world.

Location: Aspley

Contact: 0417 736 696



Fr Gerry Kalinowski (Catholic): is a diocesan priest who has served in diverse parishes across the Archdiocese. He also has been Spiritual Director of the Queensland seminary. His style of spiritual companionship is in the contemplation of God in everyday life. God is always present, it is for us to have the eyes to see, the ears to hear and the intuition to be attentive. Spiritual companionship is the supportive accompaniment for seekers to tune in to God's revelation in our lives. His training has been at the Institute for Spiritual Leadership in Chicago and the Centre for Religious Development. Meeting for spiritual direction occurs at Jubilee Catholic parish office in Paddington. Fr Gerry is open to using virtual communication for spiritual direction.

Location: Jubilee Catholic Parish

Contact: 3369 5351



Sr Helen Kennedy FMM (Catholic): My training and experience is in the Spirituality of St. Ignatius. Spiritual Direction opens a way to be more honest and frank about ourselves and to trust that our unique experience of God's activity in our lives is authentic. For Retreats and Spiritual Direction.

Location: Coorparoo
Contact: 0448 856 323



Dale Keenan (Catholic) is currently the Director of the St Francis Spiritual Direction Formation Program, an initiative of the Ministry Education Commission of the Anglican Diocese of Southern Queensland - located at St Francis Theological College, Milton, Brisbane. She holds a Master's qualification in Spiritual Direction from the Melbourne University of Divinity, and a Certificate in Spiritual Direction from SCRD Mary Mackillop Place Sydney. She holds an undergraduate qualification in Education. Her post graduate qualifications include a Graduate Certificate in Supervision of Spiritual Directors, Diploma in Training and Assessment and the Arrupe Program for Givers of the Spiritual Exercises of St Ignatius. In 2014, she completed a six-week Immersion Program for Givers of the Spiritual Exercises in Manresa Spain. She is a committee member of the Australian Ecumenical Council for Spiritual Direction, a member of ANSD (the Australian Network of Spiritual)

Location: Kangaroo Point
Contact: 0419 802 887



Jeff Lawrence: Jeff is married 45 years, 5 children and 8 grandchildren living at Margate. He serves God's household as a spiritual director, biblical storyteller and pastor. He completed a Master of Ministry through BCT and Spiritual direction formation with Anglican Diocese of Brisbane. Jeff's spiritual pilgrimage has brought him to a Trinitarian focus lived in the practice of the Jesus Prayer and the desert and hesychast spirituality of the prayer of the heart. He has a passion for men's spirituality and wellbeing and leads retreats and mentors' other pastors and chaplains, he is trained as a 'renewal retreat group' facilitator. His professional career and community service grounds his work in an incarnational practice for everyday life. He enjoys bushwalking, reading, kayaking and music.

Location: Margate
Contact: 0421 337 431



Joanna Lawrence: I have a B.A. from Sydney University and a Grad. Dip. In Gestalt Therapy. I trained as a Spiritual Director with M.E.C. Brisbane. I spend my time with my family; sharing the gift of Christian Meditation; personal formation for myself and others in a Renewal Retreat Group; and being a spiritual companion to others on the spiritual journey.

Location: Margate
Contact: 0432 327 666



Patrick Oliver (Catholic): Patrick has been accompanying folk in their faith journeys for thirty-seven years: ten in pastoral situations, and twenty-seven years in specific spiritual direction. He completed an M.A. in Studies in Religion (1994) and a PhD in theology and spirituality (1999). Patrick's main work is helping people to grow more aware of the movements of grace within and around them, so they can more readily respond to God's invitations in their lives. His main interests in spirituality are the relation of the scriptures to the everyday, and listening to dreams as a way to deepen a prayerful life.

Location: Stafford

Contact: 0408 062 676



Sr Diane Phillips (Catholic) a Sister of St Joseph. I live in Toowoomba. I have trained as a Spiritual Director from St Francis in Brisbane. I use Skype when necessary to hold conversation as well as face to face. I enjoy writing stories for children and work with school staff in the Josephite tradition.

Location: Toowoomba

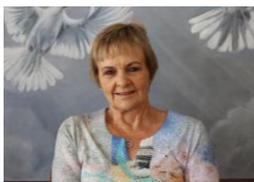
Contact: 0427 825 536



Kathryn Robbie (Catholic) The joy of offering spiritual direction is encountering the spark of God alive in others. In October 2014, I graduated from the spiritual direction program offered by St Francis College Milton and I'm a member of the Australian Network for Spiritual Direction Inc. I have completed the St Ignatius of Loyola Spiritual Exercises for Daily Life and a course in Christian Dream Companionship. I am a wife and mother of 3 and grandmother of 4. I am an active member of the Petrie Catholic Parish on the north side of Brisbane. I enjoy nurturing my inner monk and artist through contemplative photography and poetry.

Location: Petrie

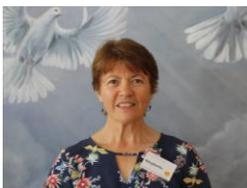
Contact: 0418 733 708



Catherine Smith: I am a wife and mother of four adult children (one sadly deceased) and 6 grandchildren. Over the years we fostered many children while ours were growing and I have been involved in parish and schools during that time and beyond. I obtained my Spiritual Directors Certificate in 2008, undertaking the Siloam program at Heart of Life. I was at the time working in prison ministry. I have a BA in Psychology with Honours in Criminology and a Certificate in Counselling, (addiction emphasis). Five years ago my husband and I retired to the Gold Coast prior to living in Melbourne for 15 years.

Location: Hope Island

Contact: 0401 070 821



Margherita Shakhovskoy: Married and mother of 4 adult children and 5 grandchildren (one sadly deceased). My spiritual formation developed through leadership roles of various ministries particularly with women leading programs and retreats. I've journeyed with women in group settings and one on one over the past 30 years. I've been drawn to focus on spiritual companionship and participated in Spiritual Direction formation with the Stillpoint program in Brisbane.

Location: Fig Tree Pocket

Contact: 0431 890 395



Peter Shakhovskoy: Peter has pursued a keen interest in Ignatian Spirituality and Spiritual direction for more than 10 years. He has completed the 3 year Arrupe programme and serves on the Faber Team in Brisbane. He is an experienced giver of the Exercises and in 2015 he completed a 6 week Immersion Course at Manresa in Spain.

Location: Corinda

Contact: 0447 977 373



Br Michael Talty: (Catholic) is a Christian Brother, experienced teacher of 40 years and Spiritual Director. Michael currently serves as teacher and Campus Minister in a Flexible Learning Centre where developing relationships, listening and walking with young people are key to their successful engagement in learning. Trained as Spiritual Director with the MEC Brisbane, he likes to explore and discuss the spiritual life with others.

Location: Inner North Brisbane

Phone: 0419675191



Ann Vogt: (Catholic) is the mother of six adult children. Before marriage Ann worked as a nurse. Later she gained a BA and Post Graduate Diploma in Psychology at the University of Queensland. She worked for seven years in hospital pastoral care in areas of grief and loss and oncology. Later she worked for six years as a registered psychologist in private practice before training as a spiritual director with Stillpoint and then as a Formator for the Stillpoint Course.

Location: Rochedale

Contact: 0448 501 033



Lynne Head-Weir: is a Giver of Ignatian Spiritual Exercises and has Master of Arts (Spiritual Direction). She is a practicing visual artist and community arts worker (Grad Dip Community Cultural Development) with a background in addiction counselling (Bachelor Community Welfare) and creative arts therapy (Master of Arts). Lynne is drawn towards combining creative arts within the faithful processes of Ignatian Spiritual Exercises.

Location: Coomera, Gold Coast

Contact: G.C.I.Arts.I@gmail.com



Sr Mel Williams: (Catholic) I am an Ursuline sister, teacher, counsellor and spiritual director. Much of my work has been in formation within the Ursulines as Novice Directress and Director of the International Tertianship. This work has involved the close accompaniment of women in discernment and ongoing retreat direction in both the long and shorter forms.

Location: Brisbane City

Contact: 0418 787 665

THE FOLLOWING DIRECTORS ARE FROM THE FABER SPIRITUALITY CENTRE AND CAN BE CONTACTED THROUGH THE CENTRE ON 07 3368 2450



Larry Cox: (Catholic) is currently the Minister, St Bonaventure Fraternity, Queensland Regional Council, of the Secular Franciscan Order and is a Lay Chaplain in Pastoral Care at the Prince Charles Hospital. He has a keen interest in the giving the Full Spiritual Exercises. Larry is married with three adult children and eight grandchildren. Larry was previously involved in Air Traffic Services for 35 years.

Location: Faber Spirituality Centre

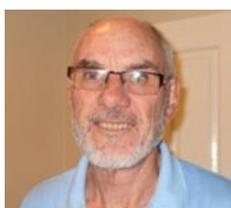
Contact: 07 3368 2450



Cecilia Formby (Catholic): was born in England and migrated to Australia in 1973. She is married with six children and many foster children. Cecilia trained in the Arrupe Program and now gives the Spiritual Exercises and spiritual direction. Cecilia is Secretary of Companions in Ignatian Ministry.

Location: Faber Spirituality Centre

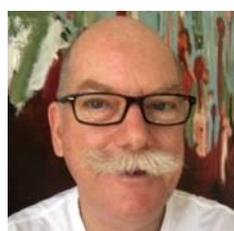
Contact: 07 3368 2450



Clive Hamlin (Catholic): is a semi-retired insurance broker and trained Giver of the Spiritual Exercises in the Arrupe Program. Clive has a special interest in the giving of retreats in daily life as well as the First Spiritual Exercises in Parishes. He is also involved with a group of men who conduct parish-based weekend retreats.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Chris Kennedy (Catholic) lives on the Gold Coast and is a member of the Faber Centre's outreach to the Gold Coast and northern NSW. He is married with two adult children and has a background in property valuation and management. Chris has a Master of Arts (Spiritual Direction) and is a Companion in the Ministry of the Ignatian Spiritual Exercises. His particular interest is the formation of people into a life of discernment in prayer, especially men in his work within the menALIVE ministry.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Elizabeth Kerr: (Catholic) is married with eight adult children and several grandchildren. After completing her theology degree, she worked as Pastoral Associate at St Ignatius Parish, Toowong for 10 yrs. Liz is a founding member of the Faber Centre where she has been involved for the past 11 years, leading retreats, coordinating the Arrupe Program for the training of spiritual directors and supervising post graduate students. Her great love has been accompanying people through the Spiritual Exercises over the past 30 years and mentoring others on their life journey.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Meredith Nicholls: (Catholic) has a background in nursing, is married, the mother of two adult children and a grandmother. She holds a Master of Arts (Spiritual Direction) and is a Giver of the Spiritual Exercises in daily life. Her desire is to companion others from different faith backgrounds to experience a deeper relationship with God through Ignatian spirituality.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Mary Robson (Catholic) is a graduate of the Arrupe Program, has a degree in Theology and is completing Master of Arts (Spiritual Direction). Her interest is in the transformative process of Ignatian spirituality in the ordinary moments of life.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Beryl Schneider: (Catholic) comes from an Applied Science, Business and Project Management background. She has served Care and Concern since 1978 in her local parish. She later developed the Centacare Service in the Caboolture and Stanley River Parishes. For more than 25 years, Beryl has been involved with homelessness for families, individuals and youth with the help of government grants and funding. Beryl has been involved with the Angelus Association since 2006.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Christine Webb: (Catholic) has completed the Arrupe Program to give the Spiritual Exercises. She is involved in giving the First Spiritual Exercises and is completing the Master of Arts in Spiritual Direction from the University of Divinity in Melbourne. She is a mother, grandmother and retired teacher.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Peter Webb: (Catholic) is married with seven children and nine grandchildren. Peter is Prayer & Spiritual Development Mentor at a Catholic high school, having studied at Jesuit universities Boston College and Fordham, where he achieved a Masters in Theology and Religious Education, and a Doctorate in Educational Leadership. He was recently honoured with a "Spirit of Catholic Education" award for his work in parent partnerships and in prayer and spirituality with students and staff.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Min Wullems (Catholic): is married with three adult children. He is a retired computer software developer/consultant, running his own business for more than 30 years. He has extensive experience with RCIA and Parish Pastoral Councils. He first completed the Full Spiritual Exercises more than 50 years ago. Since then Ignatian Spirituality has been and continues to be fundamental to his life. He desires to share this with others who wish to further their personal relationship with God through spiritual direction and the giving of the Spiritual Exercises.

Location: Faber Spirituality Centre

Contact: 07 3368 2450



Katherine Whitehouse (Catholic): is a graduate of the Arrupe Program and holds a Masters degree in Spiritual Direction. Katherine is involved with Mary of the Angelus, a private association of Christ's faithful, involving people who desire to commit themselves to both a contemplative life and mission. With a private enterprise background, Katherine has taken her working skills in developing and driving a new model of housing for homeless people.

Location: Faber Spirituality Centre

Contact: 07 3368 2450